



ST. MARY'S CATHEDRAL PARISH

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e-mail: cathedral@mweb.com.na Website: stmarysnam.com

21st - 28th July 2024

Saturday 20/07/2024 18h00 16th Sunday in Ordinary Time [Year B]

Readers: Attlee Gamundani & Calistus Mahindi

Communion Assistant: Jacob Motalingoane

Sunday 21/07/2024 07h30 16th Sunday in Ordinary Time [Year B]

Readers: Jose Adrada & Sannah Hochobeb

Com. Assist: Sr Marie-Therese, OSB, Sr Hauwanga, SMIC, Sr Hilma, MSC,

& Salomon

09h30 Sonntag im Jahreskreis

Lesung: Lucia Schorghofer & Hannelore Gruttemeyer

Communionhelfer: Christa Roth

10h40 16th Sunday in Ordinary Time [Year B]

Readers: Emily Mundukuta & Monica Bille

Communion Assistants: Margareth Zuzi & Zacarias Nangacovie

Saturday 27/07/2024 18h00 17th Sunday in Ordinary Time [Year B]

Readers: Tatiana Sikwila & Sr Krispine

Communion Assistant: Zacarias Nangacovie

Sunday 28/07/2024 07h30 17th Sunday in Ordinary Time [Year B]

Readers: Theresa Mutjandja & Josephine Ruvangu

Com. Assist: Sylvia, Henry & Leah Olu-King, & Innocentia Mokomela

09h30 Sonntag im Jahreskreis

Lesung: Christa Roth & Ruth Beyer

Communionhelfer: Irmi Nolting

10h40 17th Sunday in Ordinary Time [Year B]

Readers: Flora Nyaga & Margareth Gustavo-Zuzi

Communion Assistants: Emily Mundukuta & Monica Bille

PARISH OFFICE HOURS: TUESDAY – FRIDAY

08H30 – 12H30 & 14H30 – 16H30

COFESSION: EVERY WEDNESDAY, FRIDAY & SATURDAY @ 17H30

LAST SUNDAY'S COLLECTION: N\$ 6,246.70

Thank you very much for your generosity

1. Cleaning of the Church on **Saturday 27th July 2024** will be the turn of **1st Year Confirmation candidates & Ambassadors of a Worldwide Brotherhood** at **09h00**.
2. **Baptism of young catechumens and Reception of young converts** is scheduled for **11th August 2024** during the **10h40 Mass**. Parents/guardians should bring outstanding documents before then to avoid children being dropped out.
3. Parishioners are invited to a **Seminar** organized by the PPC on “**History of the Roman Catholic Church: A Journey Through the Phases in the Life of the Church**”. The Seminar is scheduled for **23rd July 2024 at 18h00 in the Parish Hall**. **Youths** are particularly highly encouraged to attend.
4. **Parishioners** who registered to be trained as **Readers (Lectors)** will have the training on **03rd August 2024 at 09h00**. The venue will be communicated later. If you are not sure if you registered, check on the **Notice Boards**.
5. **Registration for Baptism for children of Catechetical Age, Reception of Children of Catechetical Age, 1st Holy Communion and Confirmation** will be in **September & October 2024**. Parents & guardians are urged to start getting the required documents ready.
6. Parishioners are informed that the Administrator will **not be in Office** on **Wednesday mornings and Fridays from 08h00 to 09h30** as he will be teaching at **St. Charles Lwanga Seminary**.
7. The next **Pre – Marriage Workshop** is scheduled for the **09th – 11th August 2024**, at **Maria Regina Oblate Conference Centre, Dobra**. **All interested Parishioners should register at the Parish Office as soon as possible. The workshop is open to non-Catholics as well.**
8. Young people who are interested in joining the Scouts Movement are encouraged to see **Sr Lidia**, or to register at the Parish office.
9. To encourage youth participation in activities at the Church, The St Mary’s Cathedral Youth and Vocation Committee is inviting all Cathedral youths to fill-in a form that has been posted on the notice board. Scan the QR code to access the form. If you are struggling to access the link you may contact the organisers at the details provided on the poster.
10. The PPC is organizing a **St. Mary's Cathedral Clean-up Campaign** to take place on **17th August 2024**. The clean-up will be around the Church premises. Parishioners are encouraged to participate in numbers. Support to the event can be provided in the form of donations of refuse bags, water, soft drinks and brotchens for refreshments. In preparation for the event, a short talk on the theme of Desertification, Climate Change and Land Degradation will be given on the **3rd & 4th of August 2024** after every Mass.
11. Parishioners who intend to get married are encouraged to **acquaint** themselves with the **Requirements List** posted on **Parish Notice Boards**; and are required to declare their intention at the Parish office and register with the Priest **6 months** prior to their proposed Marriage Date.
12. Parishioners are requested to **dress decently & appropriately** when coming to Church for the mere respect of the house of God and to avoid scandalizing others.
13. Although all restrictions relating to COVID-19 pandemic have been lifted, it is still up to each one of us to ensure that we remain healthy.

PLEASE, LET US KEEP SAFE

