



ST. MARY'S CATHEDRAL PARISH
 TEL: 061-238750 | P.O. BOX 272 | WINDHOEK
 e-mail: cathedral@mweb.com.na
5th August 2023 – 13th August 2023

Saturday 05/08/2023 18h00 Transfiguration of the Lord: Fr. Shalongo, OMI

Readers: Wilson Shikoto & Attlee Gamundani
Communion Assistant: Zacarias Nanacovie

Sunday 06/08/2023 07h30 Transfiguration of the Lord: CMI Priest

Readers: Sikwila Tatiana & Sr. Sussanna, OSB
Communion Assistants: Salomon Hambabi, Charlotte Sitler & Innocentia Mokomele

09h30 Verklärung des Herrn: Fr. Shalongo, OMI

Lesung: Ruth Beyer & Irmi Nolting
Kommunionhelfer: Irmi Nolting

10h40 Transfiguration of the Lord: Fr. Shalongo, OMI

Readers: Margareth Zuzi & Sr. Saima, OSB
Communion Assistants: Monica Bille & Emily Mundukuta

Saturday 12/08/2023 18h00 Assumption of the Virgin Mary: CMI Priest

Readers: Sr. Lydia, OSB & Sr. Anastacia, HC
Communion Assistant: Benediktus Hummel

Sunday 13 /08/2023 07h30 Assumption of the Virgin Mary: Fr. Shalongo, OMI

Readers: Mpumzi-Wame Mtimde & Gerhard Classen
Communion Assistants: Sr. Patricia, OSB & Sr. Hilma, MSC & Br. Paul, CMM

09h30 Maria Aufnahme in den Himmel: Fr. Walter, OMI

Lesung: Lothar Roerkohl & Martina Lang
Kommunionhelfer: Irmi Nolting

10h40 Assumption of the Virgin Mary: CMI Priest

Readers: Emily Mundukuta & Teca Avelino
Communion Assistants: Zacarias Nanacovie, Monica Bille & Margareth Zuzi

PARISH OFFICE HOURS: TUESDAY – FRIDAY
08h30 – 12h30 & 14h30 – 16h30

LAST SUNDAY'S COLLECTION: N\$ 7,884.30

Thank you very much for your generosity

1. The Parish is urging Parishioners to regularly visit the **Parish Website (www.stmarysnam.com)**, in particular to access the **Pew Leaflet**. We want to **cut costs** by **reducing the number of printed hard copies of the Pew Leaflet**, and eventually to phase it out altogether.
2. The Religious Congregations at **St. Mary's Cathedral Parish** are inviting ladies (**15 years and above**) to a **Vocational Workshop** scheduled for **Saturday 19th August 2023 at 09h00 - 16h00**, at the **St. Mary's Cathedral Parish Hall**. For more Information, please contact **Sr. Susanna Nangolo, OSB @0817985964**, or **Sr. Krispina Shilulu, MSC @0813707155**
3. The Missionary Sisters of the Most Sacred Heart of Jesus cordially invite everyone to the **Annual Pilgrimage at Our Lady of the Sacred Heart Shrine at Otjiwarongo**. Date: 1st-2nd September 2023. Arrival Time: 17h00. During that night vigil, we will pray for the evil of our time: GBV, suicide, abortion, etc. For more information contact the Sisters whose numbers are on the flier on the notice board.
4. **Marriage Banns:**
 - (i) **2nd Marriage Bann:** **Edwardo D. Manuel & Teresa J. Pitra**. They intend to get married on **18th August 2023 at St. Mary's Cathedral, Windhoek**
 - (ii) **1st Marriage Bann:** **Vernon Mwazi & Veneranda N. likela**. They intend to get married on **25th August 2023 at Omagongati Roman Catholic Church**.
5. Parishioners are informed that the term of office of the current **Parish Pastoral Council (PPC)** is ending at the end of this year. Therefore, Parishioners should start thinking of candidates for nomination in **October**, and election in **November**. When considering a candidate, please, bear in mind the following requirements:
 - a) The candidate must be living in 'Communion with the Church';
 - b) The candidate should be at least **18 years old**;
 - c) The candidate should be a registered member of the Cathedral Parish;
 - d) Take note of the candidate's profession, apostolate or ministry; and
 - e) To constitute the **PPC** we need only **11 elected members**. However, nominations can be up to any number.
6. Parishioners are informed that Communion can be brought to the residences of those who want to receive Communion but cannot come to church. If you are in this category, or you know such a person, please inform the Priest or Parish Office.
7. The next **Pre-Marriage Workshop** is scheduled for **11th – 13th August 2023**, at **Maria Regina Oblate Conference Centre, Döbra**. Registration starts at **17h30**.
8. **NB.** There is Confession opportunity **EVERY WEDNESDAY, FRIDAY, AND SATURDAY at 17h30**
9. Although all restrictions relating to **COVID-19 pandemic** have been lifted, it is still up to each one of us to ensure that we remain healthy.

PLEASE, LET US KEEP SAFE