



**ST. MARY'S CATHEDRAL PARISH**  
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3<sup>rd</sup>: September 2022 - 11<sup>th</sup>: September 2022

Saturday 03/09/2022 18h00 23<sup>rd</sup> Sunday in Ordinary Time: Fr. Nambondi, OMI  
Readers: Julia Amadhila & Mckey Mbala  
Communion Assistant: Jacob Motalinguane

Sunday 28/08/2022 07h30 23<sup>rd</sup> Sunday in Ordinary Time: Fr. Shalongo, OMI  
Readers: Tatiana Sikwila & Gerhard Classen  
Communion Assistants: Sylvia, Charlotte & Sr Anastasia, HC  
09h30: Sonntag im Jahreskreis: CMI Priest  
Lesung: Irmi Nolting & Lothar Roerkohl  
Kommuniohefer: Christa Roth  
10h40 23<sup>rd</sup> Sunday in Ordinary Time: Fr. Shalongo, OMI  
Readers: Chomore Jacques & Brother Paul  
Communion Assistants: Magareth, Zacarias, Sr. Saima, OSB

Saturday 10/09/2022 18h00 24<sup>th</sup> Sunday in Ordinary Time:  
Readers: Attlee Gamundani & Sr Julia Simeon, OSB  
Communion Assistant: Sr. Mansuate Mundukuta, OSB

Sunday 11/09/2022 07h30 24<sup>th</sup> Sunday in Ordinary Time:  
Readers: Jose Andrade & Sr. Susanna Nangolo, OSB  
Com. Assistants: Innocentia, Salomon & Sr. Therese, OSB  
09h30 Sonntag im Jahreskreis:  
Lesung: Martina Lang & Christa Roth  
Kommuniohefer: Irmi Nolting  
10h40 24<sup>th</sup> Sunday in Ordinary Time:  
Readers: Monica Bille & Emily Mundukuta  
Com. Assistants: Zacarias, Benediktus & Brother Paul, CMM

**PARISH OFFICE HOURS: TUESDAY TO FRIDAY**  
**08:30-12:30 & 14:30-16:30**

**LAST SUNDAY'S COLLECTIONS: N\$ 6,723.70**

*Thank you very much for your generosity*

1. From today, 4<sup>th</sup> Sept. 2022 children will NOT be blessed during the Communion rite. Instead, they will be blessed at the end of Mass before the final blessing and dismissal.
2. Confirmation for 2022 is scheduled for 5<sup>th</sup> Nov. 2022. Please parents and guardians ensure that all necessary duties, requirements, and obligations are fulfilled.
3. First Holy Communion for 2022 is scheduled for 12<sup>th</sup> Nov. 2022. Please parents and guardians ensure that all necessary duties, requirements, and obligations are fulfilled.
4. Registration for First Holy Communion & Confirmation for 2023 will be between 6<sup>th</sup> Sept. & 11<sup>th</sup> Oct. 2022. NO APPLICATION WILL BE ACCEPTED AFTER THAT.
5. ALL parishioners & Catholics in general are cordially invited to the IMBISA MASS at the Cathedral Parish on 25<sup>th</sup> Sept. 2022 at 10h00. Parishioners are also invited to participate in rehearsals for the Mass every Tuesday & Thursday at 18h00 in the Parish Hall.
6. Parishioners who intend to get married are required to declare their intention at the Parish office at least 6 months prior to their proposed marriage date.
7. NATEC Retreat will be on 16<sup>th</sup> - 18<sup>th</sup> September 2022. Those interested should contact Mr. Benedictus @ 0817765902 or register your name at the Parish office.
8. Cleaning of the Church on Saturday 10<sup>th</sup> Sept. will be the turn of Living Rosary Group, Charismatic Renewal Group, and Catholic Women's League (CWL), starting @ 09h00.
9. The Ambassadors of a Worldwide Brotherhood will host a career fair at Gunichas Secondary School in Gobabis on 10 September 2022. Deadline for registration is Thursday 8<sup>th</sup> Sept. 2022. Meanwhile, Parishioners are kindly requested to donate towards this initiative in the form of stationery and other suitable supplies. For more information, please contact Sr. Emeresiana Hawanga, SMIC @ 0814193516.
10. Although all restrictions relating to COVID-19 pandemic have been lifted, it is still up to each one of us to ensure that we remain healthy.

**PLEASE, LET'S KEEP SAFE**

## SUNDAY MASS

### ENTRANCE ANTIPHON:

*You are just, O Lord, and your judgement is right; treat your servant in accord with your merciful love.*

**FIRST READING:** Wisdom 9:13-18.

**RESPONSORIAL PSALM:** Psalm 90.

### RESPONSE:

*O Lord, you have been our refuge, from generation to generation.*

1. You turn man back to dust, and say, "Return, O children of men! To your eyes a thousand years are like yesterday, come and gone, or like a watch in the night, R
2. You sweep them away like a dream, like grass which is fresh in the morning. In the morning it sprouts and is fresh; by evening it withers and fades. R
3. Then teach us to number our days: that we may gain wisdom of heart. Turn back, O Lord! How long? Show pity to your servants. R
4. At dawn, fill us with your merciful love; we shall exult and rejoice all our days. Let the favour of the Lord our God be upon us: give success to the work of our hands. O give success to the work of our hands. R

**SECOND READING:** Philemon 9-10, 12-17.

### GOSPEL ACCLAMATION:

*Alleluia, alleluia. Make your face shine upon your servant, and teach me your statutes. Alleluia.*

**GOSPEL:** Luke 14:25-33.

### COMMUNION ANTIPHON:

*Like the deer that yearns for running streams, so my soul is yearning for you, my God: my soul is thirsting for God, the living God.*

A succinct and careful explanation of a complex yet increasingly commonplace pastoral situation, this book seeks to help both those affected by divorce and those who strive to minister to them. It is rooted in the conviction that whatever the marital situation, God never abandons us and is always ready to bring healing and wholeness. The booklet carries the Nihil Obstat and Imprimatur of the Catholic Church.



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## THE WEEK AHEAD

# Live the Word

### Mon 5 Sep: Ascension of the Lord

1 Corinthians 5:1-8; Psalm 5; Luke 6:6-11

Trust in the Lord is often one's biggest challenge, especially as one grows older. We become more aware of the risks and vulnerabilities of life. Yet, as trusting becomes more difficult, it becomes more necessary.

### Tue 6 Sep: Pentecost

1 Corinthians 6:1-11; Psalm 149; Luke 6:12-19

Jesus often wrapped his decision-making in a night of prayer. Indeed, what a model for us as we face decisions and discernments of consequence in our everyday living.

### Wed 7 Sep: Trinity

1 Corinthians 7:25-31; Psalm 45; Luke 6:20-26

When someone close to us dies, or we find our lives in crisis through some kind of hardship, it is difficult not to question God. Be assured, God's light will shine through the cracks of our brokenness, in those around us.

### Thu 8 Sep: NATIVITY OF OUR LADY

Micah 5:1-4; Psalm 13; Matthew 1:1-16, 18-23

"She is the flower of the field from whom bloomed the precious lily of the valley. Through her birth the nature inherited from our first parents is changed." — St Augustine

### Fri 9 Sep: St Ignace

1 Corinthians 9:16-19, 22-27; Psalm 84; Luke 6:39-42

"The beginning of love is to let those we love be perfectly themselves, and not to twist them to fit our own image. Otherwise we love only the reflection of ourselves we find in them." — Thomas Merton

### Sat 10 Sep: St Ignace

1 Corinthians 10:14-22; Psalm 116; Luke 6:43-49

God's law calls us to a higher purpose. This law resides within us; it is written on our hearts and woven into the fabric of who we are. As individuals and in relationship we are God's own children. — St Paul

### Sun 11 Sep: CHRISTMAS IN ORDINARY TIME

Exodus 32:7-11, 13-14; Psalm 51; Luke 15:1-32

The Holy Spirit, living in us, empowers us to love unconditionally. Holding on to resentment and bitterness causes us to poison ourselves. Forgiveness yields freedom, peace and well-being.

(KEY: SOLEMNITY; FEAST; Memorial; (Optional Memorial) P= Priest)

# Catholic Link

## CATHOLIC SOCIAL TEACHING

20th Sunday in Ordinary Time - Year C  
Prayer Office: Week 11 - 11/09/2005

# From Rights to Responsibilities

Last week we looked at the Church's teaching on rights. But every right has corresponding responsibilities and duties. These two words make us feel uncomfortable.

When we are told we have a "responsibility" for something or someone, or a "duty" to do something, we tend to become defensive. Recall Cain's angry question to God after he had murdered his brother Abel: "Am I my brother's keeper?" Conversely, we admire people who stand by their responsibilities, and we feel proud of ourselves when we do our duty under difficult circumstances.

As with rights, talk about duties covers many areas. We speak of legal duties, moral duties, professional duties, matrimonial duties, the duty of study, and the duty of work. Let us explore what Catholic Social Teaching (CST) says about this.

In CST, duties are simply the practical obligation that comes from respecting the rights of others. Pope St John XXIII has this to say:

In human society a person's natural right gives rise to a corresponding duty in others; the duty, that is, of recognizing and respecting that right. Every basic human right draws its authoritative force from the natural law which confers that right, and to which it attaches its respective duty.

With our modern emphasis on rights, a feeling is growing that a more balanced approach must be found, that is, a balance between rights and duties. As Pope Benedict XVI said: "Individual rights, when detached from a framework of duties which grants

them their full meaning, can run wild, leading to an escalation of demands which is effectively unlimited and indiscriminate." How true. There is plenty of clamour about rights

but who likes to make a commitment to duties? If anything, there is a kind of laziness or indifference to the duties and obligations demanded for a just and sane society.

So, criticism regarding the "privileging" of rights has raised the need to talk about duties as well; duties not simply as complementary to rights, but duties have an inner logic of their own. They are not simply the "downside" of rights. They have a place of their own in the good running of society.

However, the term *duty* can be misused. For example, if a neighbour tells me that I have a duty to keep

my dog under control, I should recognise this as reasonable enough. But if the neighbour says I have a duty to do something about the layout of my garden, I could quite legitimately reply: "My garden is perfectly tidy, thank you. Its design may be a problem to you, but you cannot accuse it of being untidy." So, duty cannot make demands in matters of taste or personal preference. Duty only applies to matters affecting the common good of society.

Catholic Social Teaching has always insisted that *both* rights and duties must be fulfilled in order to build and sustain a just and stable society. Pope St John XXIII expressed this graphically: "To claim one's rights and ignore one's duties, or only half fulfil them, is like building a house with one hand and tearing it down with the other."

