



ST. MARY'S CATHEDRAL PARISH
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16th July 2022 - 24th July 2022

Saturday (16/07/2022) 18h00 16th Sunday in ordinary Time: CMI Priest
Readers: Sr Anastasia Aindongo & Sr Keresencia Ngoya
Communion Assistant: Benediktus Hummel

Sunday (17/07/2022) 07h30 16th Sunday of Ordinary Time: Fr. Shalongo, OMI
Readers: Mr Gerhard Claassen & Chomero Jacques
Communion Assistants: Br. Paul & Sr Marie Therese

09h30 Sonntang im Jahreskreis: Fr. Walter, OMI
Lesung: Irmi Nolting & Lothar Roerkohl
Kommuniohefer: Irmi Nolting

10h40 16th Sunday of Ordinary Time: CMI Priest
Readers: Monica Bille & Tatiana Sikwila
Communion Assistants: Emily Mundukuta & Charlotte S.

Saturday (23/07/2022) 18h00 17th Sunday of Ordinary Time: Fr. Nambondi, OMI
Readers: Sr Christine Mathews & Sr Susana
Communion Assistant: Sr Susana

Sunday (24/07/2022) 07h30 17th Sunday of Ordinary Time: CMI Priest
Readers: Innocentia M. & Redempta Uwamahoro
Communion Assistants: Br. Paul & Innocentia M

09h30 Sonntang im Jahreskreis: Fr. Shalongo, OMI
Lesung: Martina Lang & Christa Roth
Kommuniohefer: Christa Roth

Sunday (24/07/2022) 10h40 17th Sunday of Ordinary Time: Fr. Shalongo, OMI
Readers: Margareth Gustavo & Avelino Teca
Communion Assistants: Zacarias & Monica Bille.

PARISH OFFICE HOURS: TUESDAY TO FRIDAY
 08:30-12:30 & 14:30-16:30

LAST SUNDAY'S COLLECTIONS: N\$ 8,953.90
 Thank you very much for your generosity

- All who completed training as Extra-Ordinary Ministers of Holy Communion will have rehearsal prior to installation on **30 July 2022 at 09:00**. The installation is on **31st July 2022 at 07:30 Mass**.
- You are all cordially invited to take part in the Virgin Mary pilgrimage to Dobra from **Thursday 06-10-2022 until Sunday, 19-10-2022**. Registration fee is **N\$2,000 excluding transport and meals**, which should be paid by 31-08-2022. For more information, contact DC Michael Wimmerth @ 081 2368 485 or Soetie De Koe @ 081 4379 498 and on the notice board.
- The Parish Council is organizing **Pre-Marriage Seminar** which will run from **25th to 29th July 2022**, starting at **18h00** at the **Parish Hall**. All young people thinking of marriage and any other interested people are encouraged to register at the Parish Office. For more information, contact Mr. Shilongo @ 0812500155 or Fr Shalongo @ 0814565598
- The Oblate Mary Immaculate are organising a "Come and see" program during the long weekend of **25th-28th August 2022** at **Gottlieb Shiimi, OMI Pre-Novitiate, Dobra**. For more information, contact Fr. Johannes @ 0814565598
- The Catholic Parliamentary Liaison Office (CPLO) under the Namibian Catholic Bishops' Conference (NCBC) is organizing a Roundtable Discussion on **Thursday, 21 July 2022, 17h30 for 18h00 - 20h30**, at **St. Mary's Cathedral Parish Hall**. Parish groups and the whole Parish community are highly encouraged to attend. The objective is to remember the late **Archbishop Bonifatius Haushiku** who died twenty years ago, and to reflect on his contributions.
- All parents/guardians of children in 2nd year Confirmation classes and **adult candidates** for Confirmation who completed their Catechetical Instructions are invited to a very important meeting on **23rd July 2022**, starting at **16h30** in the **Parish Hall**. Please,
- Wearing of Masks** is still mandatory at public gatherings. Parishioners are requested to observe applicable Covid-19 regulations, such as **properly wearing of masks, hands sanitizing, and social distancing** for all Masses. The limit is **1,000 persons per gathering**.

PLEASE, LET'S KEEP SAFE

SUNDAY MASS

ENTRANCE ANTIPHON:

See, I have God for my help. The Lord sustains my soul. I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good.

FIRST READING: Genesis 18:1-10.

RESPONSORIAL PSALM: Psalm 15.

RESPONSE:

Lord, who may abide in your tent?

1. Whoever walks without fault:
who does what is just,
and speaks the truth from his heart.
Who does not slander with his tongue. R
2. Who does no wrong to a neighbour,
who casts no slur on a friend,
who looks with scorn on the wicked,
but honours those who fear the Lord. R
3. Who lends no money at interest,
and accepts no bribes against the innocent.
Such a one shall never be shaken. R

SECOND READING: Colossians 1:24-28.

GOSPEL ACCLAMATION:

Alleluia, alleluia. Blessed are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience. Alleluia.

GOSPEL: Luke 10:38-42.

COMMUNION ANTIPHON:

The Lord, the gracious, the merciful, has made a memorial of his wonders; he gives food to those who fear him.

THE WEEK AHEAD Live the Word

Mon 18 Jul Liturgy of the Day

Micah 6:1-4.6-8; Psalm 50; Matthew 12:38-42

Who doesn't pray for a special sign from God... just for us? However, if we look a little deeper, Jesus is already right in front of us in the poor, in our neighbour, in his word, in the sacraments. Jesus himself is the sign.

Tue 19 Jul Liturgy of the Day

Micah 7:14-15.18-20; Psalm 85; Matthew 12:46-50
We have our own false gods. Our vices, addictions and misplaced worship may provide some short-term comfort, but they'll never love us back. There is no life in them. They won't answer, and they can't save.

Wed 20 Jul St Apollinaris, BM

Jeremiah 1:1,4-10; Psalm 71; Matthew 13:1-9

Try to imagine that this is a parable about you. You are the seed. Jesus is the farmer. What is said about the seed can be said of you. Jesus has sown you into this world, created and sent forth to do good...

Thu 21 Jul (St Lawrence of Brindisi, PrD)

Jeremiah 2:1-3.7-8.12-13; Psalm 36; Matthew 13:10-17
When we are weighed down by our failings and sin, it is hard to imagine the mercy, faithfulness and justice of God. But often, that is where we stand. We stand before a loving God, who can and does change us.

Fri 22 Jul ST MARY MAGDALENE

Song of Songs 3:1-4; Psalm 63; John 20:1-2.11-18

If we feel that God's presence is lacking in our lives, it is because we often get lost in our own distractions. God never leaves us. Ever. God is always ready to be found. Seek the Lord. He will be found!

Sat 23 Jul (St Bridget, R)

Jeremiah 7:1-11; Psalm 84; Matthew 13:24-30

Today's parable is not about good farming technique, but about a world in which good people and bad people live side by side. In the end we will be judged according to our deeds. Where do we stand?

Sun 24 Jul 17TH SUNDAY IN ORDINARY TIME

Genesis 18:20-32; Psalm 138; Luke 11:1-13

If we were always successful by ourselves, we wouldn't be open to the joy of our partnership with God. It is our weakness and vulnerability that open us up to God's power and love.

(KEY: SOLEMNITY; FEAST; Memorial; (Optional Memorial)
B=Bishop; M=Martyr; P=Priest; D=Doctor; R=Religious

Catholic Link

CATHOLIC SOCIAL TEACHING

16th Sunday in Ordinary Time • Year C
Divine Office: Week IV • 17 July 2022

The Common Good

One of the most oft quoted lines of poetry is from John Donne (albeit written in an age not yet committed to gender inclusivity): "No man is an island entire of itself; every man is a piece of the continent, a part of the maln..."

Human beings are social. We are born of parents, we belong to families and to communities, and we are part of a nation's population, to say nothing about being part of the entire human race.

Some describe social life like being on a sports team. A team doesn't win because each player individually tries to score as many points as possible. Team playing builds optimal conditions necessary for each individual to play well in order for the team *per se* to win. The good of both the individual and the team are interdependent.

In Catholic Social Teaching, the common good is often described as those "optimal conditions" referred to in team sport. Pope John XXIII in his encyclical *Mater et Magistra* ("On Christianity and Social Progress") described the common good as "the sum total of social conditions which allow people, either as groups or as individuals, to reach their fulfilment more fully and more easily."

Notice he says, "either as groups or as individuals". A balance is needed. The common good does not exalt the collective at the expense of the individual. Our team sport analogy holds good here. Both the individual and the team's success depend on one another. For the common good to be achieved, no individual may be sacrificed or disregarded. Everyone has a right and a duty to make a contribution

to society, and society in turn must protect the dignity and worth of each individual. Pope Leo XIII in the very first social encyclical, *Rerum Novarum*, captures this balance:

"The responsibility for attaining the common good, besides falling to individual persons, belongs also to the state, since the common good is the reason that the political authority exists."

In sport, results are measured by scores. The common good of society cannot be measured so easily. But Catholic Social Teaching does provide important criteria, such as respect for the rights and dignity of all, evident for example in a good health care system, or whether the needs of the most vulnerable

are met. In this regard, *Catholic Link* readers can easily do a critique of our own country.

But before we get carried away with that, let's direct some honest questions at ourselves too. Society today has become so individualistic that it is difficult to see beyond personal selfish self-interest. Like Cain do we too argue that "I am not my brother's/sister's keeper"? Like the priest and Levite on seeing someone wounded in the ditch, do we too "pass by on the other side"? A commitment to the common good demands that we see one another as each other's keepers, or that no individual is hogging the ball, to use our sport analogy again. The modern temptations of individualism and self-interest are perhaps one of the greatest threats to the common good. Somehow, we need a conversion of heart to realise that we do not exist just for ourselves. We are called to advance the common good.



My brother's/sister's keeper, an image by Bessi from Pixabay

Books from Redemptorist Pastoral Publications

What do we do when deep grief invades our lives? How do we negotiate the unwelcome journey we find ourselves on? What do we do with our unspeakable pain? Even more, what do we do when we have asked God to spare the life of our loved one and he does not give the answer we hope for?

In this book, Brenda tells the story of her journey with grief following the untimely death of her mother – a journey where she questioned God and his goodness, questioned whether Jesus was worth following, and questioned the relevance of Christian life.

WHEN GOD SAYS NO



A memoir ... and a book of wisdom. – Rev. Andy Lambdin
"Brenda reminds us to live courageously in the face of adversity." – Fr Mark James O.P.

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