



ST. MARY'S CATHEDRAL PARISH
 TEL: 061-238750 | P.O. BOX 272 | WINDHOEK

e-mail: cathedral@mweb.com.na website: www.stmarysnam.com

5th June 2022 - 12 June 2022

Saturday (04/06/2022) 18h00 Feast of Pentecost: CMI Priest

Readers: Sr. Christine Matheus & Sr. Hilma Abraham
Communion Assistant: Benediktus Hummel

Sunday (05/06/2022) 07h30 Feast of Pentecost: Fr. Shalongo, OMI

Readers: Jose Andrade & Tatiana Sikwila
Communion Assistants: Brother Paul & Emmanuel Tom

09h30 Pfingstsonntag: Fr. Walter, OMI

Lesung: Christoph Von-Walter & Karin Meissner
Kommunionhelfer: Ruth Beyer

10h40 Feast of Pentecost: CMI Priest

Readers: Monica Bille & Margareth Zuzi
Communion Assistants: Emily Mundukuta & Zacharies

Saturday (11/06/2022) 18h00 Feast of Holy Trinity: Fr. Jacobus, OMI

Readers: Sr. Anastacia & Sr. Keresecia
Communion Assistant: Salomon Hambabi

Sunday (12/06/2022) 07h30 Feast of Holy Trinity: Fr. Shalongo, OMI

Readers: Sr. Emeresiana Hawanga & Chomore Jacques
Communion Assistants: Charlotte Sitler & Brother Paul

09h30 Dreifaltigkeitssonntag: Fr. Nambondi, OMI

Lesung: Irmi Nolting & Veronika Fuhs
Kommunionhelfer: Irmi Nolting

10h40 Feast of Holy Trinity: CMI Priest

Readers: Monica Bille & Sr. Saima Twamoneni
Communion Assistants: Emily Mundukuta & Zacharies

PARISH OFFICE HOURS: TUESDAY TO FRIDAY:
 08:30-12:30 & 14:30-16:30

LAST SUNDAY'S COLLECTIONS: N\$ 7.392.65

Thank you very much for your generosity

1. CLASSES for adults, 21 years old and above, who registered for 1st Holy Communion/Confirmation; or who wish to enroll in the RCIA program (never been baptized); and those converting from other denominations, are **STARTING** on 12th June 2022 after 07h30 Mass
2. Sunday, 19th June 2022, is the Solemnity of Corpus Christi. There will be only two masses: at 07:30 & 10:00.
3. Youths interested in joining the OMI Youth Associate Group should register at the Parish Office; or with Mr. Jose Andrade; or Ms. Gildas Theresa Ballou; or contact Fr. Shalongo, OMI, at 0814565598.
4. The next Pre-Marriage workshop will be on the weekend of 10th – 12th June 2022 at Dobra, Maria Regina Oblate Conference Centre. Arrival and Registration starts at 17:00 on Friday 10th June.
5. Marriage Banns: 2nd Banner: Paulo Joao and Victoria S. Calemba who intend to get married on 18th June 2022, at St. Mary's Cathedral Parish, Windhoek
6. PPC members are reminded of the PPC meeting that will take place on the 9th June 2022, at 18h00 at Kindergarten Classes.
7. The NATEC Group Will Sell CAKES and MUFFINS after the 07:30 & 10:40 Holy Masses on 5th & 12th June 2022, for fundraising. Your generous support will be highly appreciated.
8. Cleaning of the Church on 11th June 2022 will be the turn of Catholic Womens League & First year Holy Communion Candidates.
9. Parishioners who intend to get married are required to **declare their intention** at the Parish office **at least 6 months** prior to their proposed marriage date.
10. Please, Parishioners, be informed that St. Mary's Cathedral Website is up and running. Log-in and get updates on Parish events and activities.
 Website: www.stmarysnam.com
11. Wearing of Masks is now mandatory at public gatherings. Parishioners are requested to observe applicable Covid-19 regulations, such as properly wearing of masks, hands sanitizing, and social distancing for all Masses. The maximum allowed number is 1,000 persons per gathering.

PLEASE, LET'S KEEP SAFE

SUNDAY MASS

ENTRANCE ANTI-PHON:

The Spirit of the Lord has filled the whole world and that which contains all things understands what he said, alleluia.

FIRST READING: Acts 2:1-11.

RESPONSORIAL PSALM: Psalm 104.

RESPONSE:

Lord, send forth your Spirit, and renew the face of the earth.

1. Bless the Lord, O my soul
O Lord my God, how great you are.
How many are your works, O Lord!
The earth is full of your creatures. R
2. You take away their breath, they die,
returning to the dust from which they came.
You send forth your spirit, and they are created,
and you renew the face of the earth. R
3. May the glory of the Lord last forever!
May the Lord rejoice in his works!
May my thoughts be pleasing to him.
I will rejoice in the Lord. R

SECOND READING: Romans 8:8-17.

GOSPEL ACCLAMATION:

Alleluia, alleluia. Come, O Holy Spirit, fill the hearts of your faithful; and kindle in them the fire of your love. Alleluia.

GOSPEL: John 14:15-16, 23-26.

COMMUNION ANTI-PHON:

They were all filled with the Holy Spirit, and spoke of the marvels of God... alleluia.

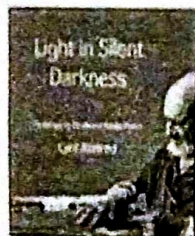
Books from Redemptorist Pastoral Publications

A book of paintings by deafblind Rabbi-Priest Cyril Axelrod with reflections on each painting by friends who know him.

Fr Cyril celebrated 50 years as a priest in November 2020 and this book has been compiled as a tribute to him and his amazing life.

"Cyril has never seen a single painting which he himself created, instead, he invites you to use your own gift of eyesight to see them.

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THE WEEK AHEAD Live the Word

Mon 6 Jun Mary, Mother of the Church

Genesis 3:9-15, 20; Psalm 87; John 19:25-34

Mary did not hide or flee. She stood and owned the truth that sometimes simply being present is all we can do – and it is everything. May Mary's witness inspire us to stand with others in love and compassion.

Tue 7 Jun Liturgy of the Day

1 Kings 17:7-16; Psalm 4; Matthew 5:13-16

God is the giver of all gifts. While we often like to take the credit for a skill or talent we have, in truth we have merely developed the talent God has given us. Express your gratitude to God.

Wed 8 Jun Liturgy of the Day

1 Kings 18:20-39; Psalm 16; Matthew 5:17-19

In the New Covenant, written on the very flesh of our human hearts, we are called into a relationship of mutual love between God and ourselves. And the Spirit is there to help us discern a way forward.

Thu 9 Jun (St Ephrem, DC) Liturgy of the Day

1 Kings 18:41-46; Psalm 65; Matthew 5:20-26

Are there situations in your life where you brush over situations too easily by saying "It doesn't really matter" or "I'll deal with it tomorrow", instead of letting God's light shine on every corner of your life – today?

Fri 10 Jun Liturgy of the Day

1 Kings 19:9, 11-16; Psalm 27; Matthew 5:27-32

"There can be no growth if we do not remain open and vulnerable to what is new and different, I have never seen anyone take a risk for growth that was not rewarded a thousand times over." – John O'Donohue.

Sat 11 Jun St Barnabas, A Liturgy of the Day

Acts 11:21-26; 13:1-3; Psalm 98; Matthew 10:7-13

Paul's metaphor of "labour pains" implies that suffering is woven into the process of creation from the very start. In the gospel accounts the risen Jesus repeatedly displays his wounds: they are not left behind.

Sun 12 Jun TRINITY SUNDAY

Proverbs 8:22-31; Psalm 8; John 16:12-15

"Mystery deep as the sea, You could give me no greater gift than the gift of Yourself. For You are a fire ever burning and never consumed, which itself consumes all the selfish love that fills my being" – St Catherine of Siena.

(KEY: SOLEMNITY; FEAST; Memorial; [Optional Memorial])
Ds=Deacon; D=Doctor; A=Apostle

Catholic Link

PENTECOST

Pentecost • Year C
Divine Office: Week II • 5 June 2022



Detail from Pixabay

MAKE US TRULY WISE

There is a perception that evangelical churches and charismatic movements ('Pentecostals'), understand the Holy Spirit principally in terms of extraordinary manifestations like praying in tongues, prophesying, or working miracles. There can be no denying that the letters of Saint Paul describe such occurrences. Yet, on this, the greatest feast dedicated to Holy Spirit, we would have to say that this is not all we can understand about the Holy Spirit.

The first thing we would have to acknowledge is mystery. Human beings cannot box God, the Three Persons of the Holy Trinity, into neat definitions. God is incomprehensible mystery yet has chosen to reveal as much as we need to know for our salvation. Jesus himself spoke of the mysterious ways of the Holy Spirit, comparing the Spirit to the wind of which we know neither its origin nor its destination. The Spirit works in mysterious ways.

But to get back to our preliminary thoughts about the Spirit, extraordinary manifestations are only one aspect. We need to complement them with an understanding of the Spirit's role also in the difficulties and adversities of life. Even Jesus was "led by the Spirit into the wilderness" to be tempted by the devil. No happy clappy Spirit here, saving Jesus from pain and suffering. On the contrary, the very same Holy Spirit which had just recently descended upon Jesus at his baptism in the Jordan, that same Spirit steered Jesus towards physical deprivation and spiritual struggle. And as Jesus faced the power of the evil spirit, the Good Spirit

that had not abandoned him strengthened him to overcome that false power.

The Spirit was present, too, at the crucifixion of Jesus with every gasping breath until the last one when Jesus breathed his last, his human breath becoming one with his divine breath in the words "Father, into your hands I commend my spirit."

Throughout the Christian centuries, saints and mystics have understood the role of the Holy Spirit in the muck and stuff of life. For them, spiritual life (life in the Spirit) does not remove them from their human struggle but rather accompanies them through it. The poetic imagery of Saint John of the Cross captures this best of all. Imprisoned by his fellow friars (for trying to raise the standards of monastic life), in the pain of rejection he experienced what he called the "dark night of the soul". Yet, in that darkness he saw a flickering light approaching him, at which he burst out in prayer: "O Living Flame of Love that tenderly wounds my soul at its deepest centre..." The Holy Spirit not only allows us to experience pain and trial, not also leads us into our own spiritual deserts, but also acts as healing balm, renewing us and bringing us to new life as it did Jesus at his resurrection. The very wounds that hurt are the wounds that heal. John of the Cross describes the flame of the Spirit as "sweet cauterity", cauterising and healing our woundedness.

May the Holy Spirit make us truly wise ('sophia' in Greek) to discern her presence in every aspect of our lives, in the dark moments as well as the light.



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