



ST. MARY'S CATHEDRAL PARISH
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e-mail: cathedral@mweb.com.na website: www.stmarysnam.com

29th May 2022 - 5th June 2022

Saturday (28/05/2022) 18h00 7th Sunday of Easter: Fr. Jacobus, OMI

Readers: Julia Amadhila & Mckay Mbala

Communion Assistant: Brother Paul

Sunday (29/05/2022) 07h30 7th Sunday of Easter: CMI Priest

Readers: Innocentia Mokomele & Sannah Hochobeb

Communion Assistants: Jacobs M. & Shadu Mbala

09h30 Sonntag Der Osterzeit: Fr. Walter, OMI

Lesung: Martina Lang & Christa Roth

Kommunionhelfer: Rosy Cruys

10h40 7th Sunday of Easter: Fr. Shalongo, OMI

Readers: Chomore J. & Margareth Zuzi

Communion Assistants: Emily Mundukuta & Zacharies

Saturday (04/06/2022) 18h00 Feast of Pentecost: CMI Priest

Readers: Sr. Christine Matheus & Sr. Hilma Abraham

Communion Assistant: Benediktus Hummel

Sunday (05/06/2022) 07h30 Feast of Pentecost: Fr. Shalongo, OMI

Readers: Jose Andrade & Tatiana Sikwila

Communion Assistants: Brother Paul & Emmanuel Tom

09h30 Pfingstsonntag: CMI Priest

Lesung: Christoph Von Walter & Karin Meissner

Kommunionhelfer: Ruth Beyer

10h40 Feast of Pentecost: Fr. Shalongo, OMI

Readers: Monica Bille & Margareth Zuzi

Communion Assistants: Emily Mundukuta & Zacharies

LAST SUNDAY'S COLLECTIONS: NS 5,316.10

Thank you very much for your generosity

1. Sunday, 19th June 2022, is the Solemnity of Corpus Christi. There will be only two masses: at 07:30 & 10:00.
2. The next Pre-Marriage workshop will be on the weekend of 10th – 12th June 2022 at Dobra, Maria Regina Oblate Conference Centre. Arrival and Registration starts at 17:00 on Friday 10th June.
3. Marriage Banns: 1st Banner: Paulo Joao and Victoria S. Calemba who intend to get married on 18th June 2022, at St. Mary's Cathedral Parish, Windhoek
4. Youths interested in joining the OMI Youth Associate Group should register at the Parish office; or with Mr. Jose Andrade; or with Ms. Theresa Ballou Gildas.
5. REMINDER: Parish Office Hours: Tuesday to Friday: 08:30-12:30 & 14:30-16:30.
6. The Living Rosary Group will Sell Marathon Chicken after the 07:30 & 10:40 Holy Masses on 4th June 2022, for fundraising. Your support will be highly appreciated.
7. CLASSES for adults, 21 years and above, who registered for 1st Holy Communion/Confirmation; or those never been baptized and are enrolling for the RCIA program; and those converting from other denominations will START on 12th June 2022 after the 07:30 Holy Mass.
8. Cleaning of the Church on 4th June 2022 will be the turn of Men's Group & Second Year Confirmation Candidates.
9. Parishioners who intend to get married are required to declare their intention at the Parish office at least 6 months prior to their proposed marriage date.
10. Please, Parishioners, be informed that St. Mary's Cathedral Website is up and running. We encourage you to log-in and get updates on Parish events and activities. Website: www.stmarysnam.com
11. We aring of Masks is now mandatory at public gatherings. Parishioners are highly encouraged to observe applicable Covid-19 regulations, such as properly wearing of masks, hands sanitizing, and social distancing for all Masses. The maximum allowed number is 1,000 persons per gathering.

PLEASE, LET'S KEEP SAFE.

SUNDAY MASS

ENTRANCE ANTIPHON:

Men of Galilee, why gaze in wonder at the heavens? This Jesus whom you saw ascending into heaven will return as you saw him go, alleluia.

FIRST READING: Acts 1:1-11.

RESPONSORIAL PSALM: Psalm 47.

RESPONSE:

God has gone up with shouts of joy. The Lord goes up with trumpet blast.

1. All peoples, clap your hands.
Cry to God with shouts of joy!
For the Lord, the Most High, is awesome,
The great king over all the earth.
2. God goes up with shouts of joy.
The Lord goes up with trumpet blast.
Sing praise for God; sing praise!
Sing praise to our king; sing praise!
3. God is king of all the earth.
Sing praise with all your skill.
God reigns over the nations.
God sits upon his holy throne.

SECOND READING: Hebrews 9:24-28; 10:19-23.

GOSPEL ACCLAMATION:

Alleluia, alleluia. Go and make disciples of all nations, says the Lord; I am with you always, to the close of the age. Alleluia.

GOSPEL: Luke 24:46-53.

COMMUNION ANTIPHON:

Behold, I am with you always, even to the end of the age, alleluia.

THE WEEK AHEAD

Live the Word

Mon. 30 May Liturgy of the Day

Acts 19:1-8; Psalm 68; John 16:29-33

Others will always let us down, as Jesus knew, often unintentionally. But Jesus held on to his inner peace, showing us that we are never truly alone. How can you find peace today in a situation that threatens you?

Tue. 31 May VISITATION OF OUR LADY

Zephaniah 3:14-18; Isaiah 12:2-6; Luke 1:39-56

Both Mary and Elizabeth were acutely aware of the presence of God in their lives. Perhaps we can take a moment to treasure a time – or times – in our own lives when we were aware that God had come to us.

Wed 1 Jun St. John, M

Acts 20:28-38; Psalm 68; John 17:11-19

When praying with others, have you ever felt the presence of the Spirit surprise you with such an intensity that tears fall from your eyes? Never be embarrassed by these, for they assure us of the Spirit's presence.

Thu. 2 Jun (St. Marcellinus & Peter, Ms)

Acts 22:30; 23:6-11; Psalm 16; John 17:20-26

While all paths are different, whatever path we may discern for ourselves in life, God is with us in all of them. Be joyful that God is with you wherever you are.

Fri 3 Jun St. Charles Lwanga & Comp. Ms

Romans 8:31-39; Psalm 124; Matthew 5:1-12

St. Charles Lwanga and the 22 Ugandan martyrs had faith so strong that they were willing to undergo death by being burned alive, giving rise to renewed hope and strengthened faith for all who witnessed their choice.

Sat 4 Jun Liturgy of the Day

Acts 28:16-20, 30-31; Psalm 11; John 21:20-25

In today's gospel Jesus reminds Peter, and us, that he calls us to follow him, regardless of what everyone else is doing. I am to keep my eyes on him alone and walk the path on which he has set me.

Sun 5 Jun PENTECOST

Acts 2:1-11; Psalm 104; John 14:15-16, 23-26

God's Spirit comes to us in might and power, but also in subtlety and silence. Am I open and attuned to God's Spirit in the 'noise' of my life? Am I open to the fire God is lighting in me?

(KEY: SOLEMNITY; FEAST; Memorial; (Optional) Memorial; M= Martyr

Catholic Link

ASCENSION

Ascension of our Lord • Year C
Divine Office: Week 8 • 29 May 2022

EXPANDING UNIVERSALITY

A Gospel verse most pertinent to the Feast of the Ascension is this: "And I, when I am lifted up from the earth, will draw all people to myself" (John 12:32). It suggests an expanding sense of universality. Let's explore this in the light of some of the challenges of our time such as growing nationalism and jingoism, unbridled religious fundamentalism (of all kinds) and attitudes of gender and racial superiority.

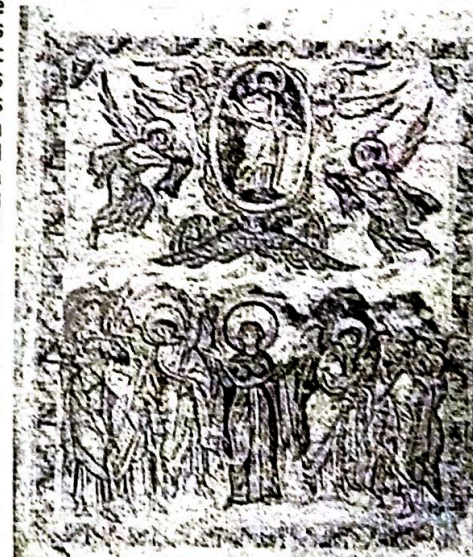
Christ's ascension relativizes all cultures and "-isms". Jesus' departure from the limitations of our earthly existence into the universal realm of his Father creates an all-embracing field of vision. While we cannot see beyond our noses, Jesus' "ascension perspective" sees no boundaries between language, class, gender, culture and race (see Revelation 7:9).

Against this backdrop of pluralism, Pope Francis never tires of calling for dialogue, dialogue and more dialogue. Let's unpack that word. The word dialogue come from the Greek words *dia* and *logos*. *Dia* means "through"; *logos* translated to "word", "discourse" or "meaning". Dialogue is thus a conversation in which people think together in relationship.

But there is more. John's Gospel refers to Jesus "in the beginning" as the "Logos" – the Word. The Logos Incarnate (Word-made-flesh) has become the site, the basis, of *dia-logos* – dialogue with all peoples. We encounter each other "through him". The accomplishment of God's universal purpose is embodied in his birth, death, resurrection and ascension.

Ja-well-no-fine, we might say in South Africa, but what does th' mean for us? Quite simply,

that there is hope. Christian hope has a vital mediating role to play in public discourse. To be Christian means never to give up hope even for enemies and persecutors. God's plan of salvation is inclusive never exclusive. There is a "breadth and length and height and depth of the mystery" (Eph 3:18) that can never be fathomed. The love of Christ "surpasses knowledge" (Eph 3:19). Yes, we may throw up our hands in despair, whether it be at the micro level of our human relationships, or at the macro level of global tensions. But Christians are trained by their faith to wait on the One "who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine" (Eph 3:20).

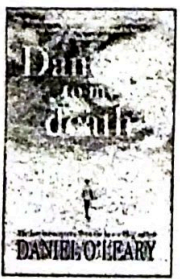


The Ascension of our Lord in the Rabbula Gospels, 6th century Syria

The Feast of the Ascension is a celebration of plurality and diversity yet at the same time of universality and inclusivity. Our mission to promote dialogue, rooted in prayer, begins with the Ascension of Christ, who, as he ascended, instructed us: "Go out into the whole world and proclaim the Good News."

That is not to say that it will be a walk in the park. Jesus warned his followers that his call to love, to forgive, and to renounce oneself (Lk 6:27-31) would not always be easy and could result in misunderstanding and rejection. Nevertheless, Christian hope can never give up on the limitless range of God's mercy. Despite our fears (and remember the first disciples locked themselves up in a room "out of fear") the crucified and risen Jesus promised to remain with us till the end of time. All authority is his and he is the Lord of all nations and all times (Mt 28:18).

Priest, teacher, and bestselling author Daniel O'Leary journals his thoughts and feelings during his cancer journey. Completed just before his death in January 2019, this book is an incredibly raw and courageous account. It pulls no punches when describing his struggle with the diagnosis of cancer, the treatment, and the emotional rollercoaster of facing his death.



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