



ST. MARY'S CATHEDRAL PARISH
 TEL: 061-238750 | P.O.BOX 272 | WINDHOEK

e-mail: cathedral@mweb.com.na website: www.stmarysnam.com

22nd May 2022 - 28th May 2022

Saturday (21/05/2022) 18h00 6th Sunday of Easter: CMI Priest
Readers: Amy Walters & Ann Margrath Walters.
Communion Assistant: Salomon Hambabi

Sunday (22/05/2022) 07h30 6th Sunday of Easter: Fr. Shalongo, OMI
Readers: Josephine Nyamuphukundza & Gerhard Claassen
Communion Assistant: Henry Olu-King & Leah Olu-King
09h30 Sonntag Der Osterzeit: CMI Priest
Lesung: Veronika Fuhs & Lothar Roerkhol
Kommunionhelfer: Martina Lang
10h40 6th Sunday of Easter: Fr. Nambondi, OMI
Readers: Monika Bille & Avelino Teca
Communion Assistants: Zacharies & Charlotte Sitrler

Saturday (28/05/2022) 18h00 7th Sunday of Easter: Fr. Jacobus, OMI
Readers: Amadhila Julia & Mckay Mbala
Communion Assistant: Brother Paul

Sunday (29/05/2022) 07h30 7th Sunday of Easter: CMI Priest
Readers: Innocentia Mokomele & Sannah-Hochobeb
Communion Assistants: Jacobs M. & Shadu Mbala
09h30 Sonntag Der Osterzeit: Fr. Walter, OMI
Lesung: Martina Lang & Christa-Roth
Kommunionhelfer: Rosy Cruys
10h40 7th Sunday of Easter: Fr. Shalongo, OMI
Readers: Chomore J. & Magartha Zuzi
Communion Assistants: Emily Mundukuta & Zacharies

LAST SUNDAY COLLECTIONS: NS 6,487.35

Thank you very much for your generosity

1. Meetings: There will be meetings today after the 07:30 Mass for the following:
 - (i) Parents and guardians of children who will be baptized on 26 June 2022.
 - (ii) Parents and guardians of First Holy Communion candidates.
 - (iii) Parents and guardians of Holy Confirmation Candidates.
2. Thursday, 26 May 2022 is a Public Holiday, the Solemnity of Ascension of the Lord. There will be one Mass at 09h00.
3. ST. MARY'S CATHEDRAL YOUTH FUN DAY will be on 28th May 2022 at 10h00-12h00. All young people are cordially invited. Please come with a Bible. Venue: ST. MARY'S CATHEDRAL HAL.
4. Cleaning of the Church on 27th May 2022 will be the turn of Alter Servers, Living Rosary & Charismatic Renewal Group.
5. Parishioners who intend to get married are required to declare their intention at the Parish office at least 6 months prior to their proposed marriage date.
6. Please, Parishioners, be informed that St. Mary's Cathedral Website is up and running. We encourage you to log-in and get updates on Parish events and activities. Website address: www.stmarysnam.com
7. Parishioners are urged to still observe Covid-19 Protocols such as properly wearing of masks, hands sanitizing, and social distancing for all Masses and Church events. The number per gathering stands at 1,000 persons.

PLEASE, LET'S KEEP SAFE.

SUNDAY MASS

ENTRANCE ANTI-PHON:

Proclaim a joyful sound and let it be heard; proclaim to the ends of the earth: the Lord has freed his people, alleluia.

FIRST READING: Acts 15:1-2, 22-29.

RESPONSORIAL PSALM: Psalm 67.

RESPONSE:

Let the peoples praise you, O God; let all the peoples praise you!

- O God, be gracious and bless us and let your face shed its light upon us. So will your ways be known upon earth and all nations learn your salvation.
- Let the nations be glad and shout for joy, with uprightness you rule the peoples; you guide the nations on earth.
- Let the peoples praise you, O God; let all the peoples praise you. May God still give us his blessing that all the ends of the earth may revere him.

SECOND READING: Revelation 21:10-14, 22-23

GOSPEL ACCLAMATION:

Alleluia, alleluia. If a man loves me, he will keep my word, says the Lord; and my Father will love him, and we will come to him. Alleluia.

GOSPEL: John 14:23-29.

COMMUNION ANTI-PHON:

If you love me, keep my commandments, says the Lord, and I will ask the Father and he will send you another Paraclete, to abide with you for ever, alleluia

RETRouvaille
A LIFE LINE FOR MARRIED COUPLES

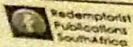
A program to help couples heal and renew their marriage relationship

WEEKENDS

are on our website below

THERE IS HOPE AND HELP

make the call - 082 850 0500
or visit www.helpourmarriage.org



Copyright. Do not reproduce without permission. © Redemptorist Pastoral Publications, P O Box 341, Merivale, 3291. Phone 082 467 3857. Fax 086 545 4381. Email: janet@rpp.org.za met: www.rpp.org.za.

THE WEEK AHEAD

Live the Word

Mon 23 May Liturgy of the Day

Acts 16:11-15; Psalm 149; John 15:26-16:4

John's gospel describes the Holy Spirit as "the Spirit of truth". As many of us deeply cherish our own opinions, perhaps we need to pray to the Spirit to consciously seek and pray for a deeper awareness of truth.

Tue 24 May Our Lady Help of Christians

Revelation 21:1-5; Psalm 113; John 2:1-11

Sometimes we are more considerate of others and gentler with them than we are with ourselves. Do something good for yourself today, remembering that charity begins by loving and respecting ourselves.

Wed 25 May (St Bede the Venerable, PrD)

Acts 17:15, 22-18:1; Psalm 148; John 16:12-15

As Paul experienced, it is often hard, and risky, to speak of faith to others. Even though some might scoff at us, there are also those who want to hear. Trust that the Spirit is at work, bringing us together.

Thu 26 May St Philip Neri, Pr

Acts 18:1-8; Psalm 98; John 16:16-20

There are those who think that they have to look for extra suffering in order to be closer to Jesus. Suffering happens to all of us, quite naturally. The challenge is to allow the suffering that comes to us to transform us.

Fri 27 May (St Augustine of Canterbury, B)

Acts 18:9-18; Psalm 47; John 16:20-23

God's love, through Jesus, finds expression in so many varied ways according to the gifts and background of every disciple. Each of us is uniquely loved and specially prepared to bear fruit.

Sat 28 May Liturgy of the Day

Acts 18:23-28; Psalm 47; John 16:23-28

"Ask and you will receive, so that your joy may be complete." What would make your joy complete? We have a God who loves us unconditionally. Be bold. Be audacious. Be confident. Ask... and receive.

Sun 29 May ASCENSION OF OUR LORD

Acts 1:1-11; Psalm 47; Luke 24:46-53

The angels who appear just after Jesus' departure ask why the disciples continue to look at the sky. In other words, they hint, stop day-dreaming and get to work with the mission of the Church.

(KEY: SOLEMNITY; FEAST; Memorial; [Optional Memorial]
Pr=Priest; D=Doctor; B=Bishop

Catholic Link

MAY IS MARY'S MONTH

6th Sunday of Easter • Year C
Divine Office: Week II • 22 May 2022

MARIA ASSUMPTA

Throughout this May month, we have reflected on the principal pillars of the Church's teaching on the Blessed Virgin Mary. We have touched on some of the more poetic ways of pondering the mystery of Mary and we conclude our series today, reflecting on Mary assumed into heaven. As it happens here in the South Africa, next Sunday we will celebrate the Ascension of the Lord. This happy coincidence re-enforces an important reality: the connection between the glory of the Risen and Ascended Lord and the way his holy mother shares in the Resurrection and Ascension of her Son.

The Church has never had any real doubt that Mary, who co-operated with God's plan by welcoming the Word to become incarnate in her womb through the power of the Spirit, and who then shared his life and accompanied him even to the point of his death, would also share in the final glory of her Son.

Incarnation involves flesh and blood. The Incarnation of the Word – the flesh and blood of Jesus – is through Mary's flesh and blood. The Ascension of Jesus and the Assumption of Mary mean that flesh and blood have an eternal destiny. They tell us that a transfigured creation has already begun. They declare that there is always more ahead of us and there is always hope of sharing the fullness of God's plan for us.

The fact that in the Resurrection and Ascension of Jesus humanity itself is resurrected has immense implications for our life on this earth, and for the new creation being shaped already from the world around us. Pope Francis

has been trying to heighten our appreciation of our common home – both our earthly home here and our home hereafter.

Pope Pius XII echoed what is in every Catholic heart when he defined the dogma of the Assumption: "It seems impossible to think of her, the one who conceived Christ, brought him forth, nursed him with her milk, held him in her arms and clasped him to her breast, as being apart from him in body, even though not in soul, after this earthly life."

John Banister Tabb (1845-1904) was an American Catholic priest and poet who evoked the beautiful relationship between Mary (the mother bird) and the Son (the fledgeling) in his poem, "The Assumption":
Behold! The mother bird
The fledgeling's voice
hath heard!
He calls anew,
"It was thy breast
That warmed the nest
From when I flew.
Upon a loftier tree
Of life I wait for thee;



The Assumption of the Virgin Mary.
Peter Paul Rubens 1616-1618

Rise, Mother-dove, and come,
Thy Fledgeling calls thee home.
The one to whom Mary gave birth, Jesus, calls her to share with him the fullness of life in the eternal heavenly nest.

As disciples of Jesus, we all pray to participate as fully as we can in his life, death, resurrection and glory. We see in Mary one who was full of grace from her beginning and is now crowned Queen of Heaven. In the words of the Mass of the Assumption, she is "the beginning and image of the Church's coming to perfection", and "a sign of sure hope and comfort to us, a pilgrim people."