



**ST. MARY'S CATHEDRAL PARISH**

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14 May 2022 - 22<sup>nd</sup> May 2022

**Saturday (14/05/2022) 18h00 5<sup>th</sup> Sunday of Easter:** Fr. Nambondi, OMI

**Readers:** Sr. Julia Simeon & Sr. Lydia Shithigona

**Communion Assistant:** Benediktus Hummel

**Sunday (15/05/2022) 07h30 5<sup>th</sup> Sunday of Easter:** CMI Priest

**Readers:** Theresia Nepolo & Sr. Patricia Ananias

**Communion Assistants:** Charlotte Sitler & Emmanuel Tom

**09h30 Sonntag Der Osterzeit** Fr. Shalongo, OMI

**Lesung:** Ruth Beyer & Irmi Nolting

**Kommunionhelfer:** Christa Roth

**10h40 5<sup>th</sup> Sunday of Easter:** Fr. Shalngo, OMI

**Readers:** Brother Paul & Sr. Saima Twamoneni

**Communion Assistant:** Monica Bille & Emily Mundukuta

**Saturday (21/05/2022) 18h00 6<sup>th</sup> Sunday of Easter:** CMI Priest

**Readers:** Amy Walters & Ann Margrath Walters

**Communion Assistant:** Salomon Hambabi

**Sunday (22/05/2022) 07h30 6<sup>th</sup> Sunday of Easter:** Fr. Shalongo, OMI

**Readers:** Josephine Nyamuphukundza & Gerhard Classen

**Communion Assistants:** Henry Olu-King & Leah Olu-King

**09h30 Sonntag Der Osterzeit** CMI Priest

**Lesung:** Veronika Fuhs & Lothar Roerkhol

**Kommunionhelfer:** Martina Lang

**10h40 6<sup>th</sup> Sunday of Easter:** Fr. Nambondi, OMI

**Readers:** Monica Bille & Avelino Teca

**Communion Assistants:** Zacharies & Charlotte Sitler

**LAST SUNDAY'S COLLECTIONS: NS 9,286.95**

*Thank you very much for your generosity*

1. There will be a meeting for parents and guardians of infants who will be baptized on 26<sup>th</sup> June 2022 today after the 07h30 Holy Mass
2. Also, there will be a meeting for parents and guardians of First Holy Communion candidates after the 07h30 Holy Mass.
3. There will be a meeting for Parents and guardians for the Holy Confirmation Candidates on 22 May 2022 after the 07h30 Holy Mass.
4. Thursday, 26<sup>th</sup> May 2022 is a Public Holiday, the Solemnity of Ascension of the Lord. There will be one Mass at 09h00.
5. Catholic Women's League (CWL) will hold a Mother & Daughter Breakfast on the 21<sup>st</sup> May 2022 to raise funds for their outreach activities. Tickets at NS 60 each are available at the bookshop; or contact Michaela @ 0814256245. Your generous support will be highly appreciated.
6. ST. MARY'S CATHEDRAL YOUTH FUN DAY: All young people are invited to participate. Please, come with a Bible. Venue: ST. MARY'S CATHEDRAL PARISH HALL. DATE: 28<sup>th</sup> May 2022 at 10:00 - 12:00.
7. Cleaning of the Church on 21<sup>st</sup> May 2022 will be the turn of St. Mary's Parish Choir, NATEC, and Ambassadors of the Worldwide Brotherhood.
8. The Missionaries Sisters of Saint Joseph Cluny will conduct training in sowing at their community. Interested? Please, register at the Parish office.
9. Parishioners who intend to get married are required to declare their intention at the Parish office at least 6 months prior to their proposed marriage date.
10. Please, Parishioners be informed that St. Mary's Cathedral Website is up and running. We encourage you to log-in and get updates on the parish events and activities. Website address: [www.stmarysnam.com](http://www.stmarysnam.com)
11. Parishioners are urged to still observe Covid-19 Protocols, including properly wearing of masks, hands sanitizing, and social distancing when coming for any service in church or at the Office. The maximum number allowed is 1,000 persons per gathering.

**PLEASE, LET'S KEEP SAFE!**



# SUNDAY MASS

## ENTRANCE ANTIPHON:

*Sing a new song to the Lord, for he has worked wonders in the sight of the nations he has shown his deliverance. Alleluia.*

**FIRST READING:** Acts 14:21-27.

**RESPONSORIAL PSALM:** Psalm 145.

## RESPONSE:

*I will bless your name forever, my King, and my God.*

1. The Lord is kind and full of compassion, slow to anger, abounding in mercy. How good is the Lord to all, compassionate to all his creatures. R
2. All your works shall thank you, O Lord, and all your faithful ones bless you. They shall speak of the glory of your reign, and declare your mighty deeds. R
3. They shall make known your might to the children of men, and the glorious splendour of your reign. Your kingdom is an everlasting kingdom; your rule endures for all generations. R

**SECOND READING:** Revelation 21:1-5.

## GOSPEL ACCLAMATION:

*Alleluia, alleluia. A new commandment I give you, says the Lord, that you love one another even as I have loved you. Alleluia.*

**GOSPEL:** John 13:31-33, 34-35.

## COMMUNION ANTIPHON:

*I am the true vine and you are the branches, says the Lord. Whoever remains in me, and I in him, bears fruit in plenty. Alleluia.*

# THE WEEK AHEAD Live the Word

## Mon 16 May Liturgy of the Day

Acts 14:5-18; Psalm 115; John 14:21-26

Just as Jesus' wounds are signs of victory, so the injuries and scars we receive in life can be reminders of God's fidelity and saving power. God's grace always invites us beyond pain into the gift of new life.

## Tue 17 May Liturgy of the Day

Acts 14:19-28; Psalm 145; John 14:27-31

Some hardships linger for years (like cancer), others come suddenly (like coronavirus). Add in the everyday challenges and we can be easily overwhelmed. Surrender all this to God, whom we know loves us.

## Wed 18 May (St John), PM

Acts 15:1-6; Psalm 122; John 15:1-8

Allowing God to prune us can be very painful and feel much more like it's leading to death than to more fruit. God is very close in these times, but often it may not feel like it. Surrender to God in prayer.

## Thu 19 May Liturgy of the Day

Acts 15:7-21; Psalm 96; John 15:9-11

The spiritual journey is a long road with moments of clarity as well as periods of dryness and doubt. What fears, disappointments or aspirations would you like to share with God today?

## Fri 20 May (St Bernadine of Siena), PM

Acts 15:22-31; Psalm 57; John 15:12-17

"A friend is a loved one who awakens your life in order to free the wild possibilities within you. The one you love, your *anam cara*, your soul friend, is the truest mirror to reflect your soul." - John O'Donahue

## Sat 21 May (St Christopher Magellanes, Pr & companions), MS

Acts 16:1-10; Psalm 100; John 15:18-21

"If every person took only what was sufficient for their needs, leaving the rest to those in want, there would be no rich and no poor." - St Basil the Great

## Sun 22 May 6TH SUNDAY OF EASTER

Acts 15:1-2, 22-29; Psalm 67; John 14:23-29

1. John 4:18 suggests that perfect love casts out fear. Turning that sentence around tells us that perfect fear casts out love. Perhaps that is what happened to Peter when he denied Jesus. Has that ever happened to you?

**KEY: SOLEMNITY, FEAST, Memorial, (Optional Memorial)  
P=Pope; Pr=Priest; W= Martyr**

# Catholic Link

MAY IS MARY'S MONTH  
5th Sunday of Easter • Year C  
Divine Office: Week 1 • 15 May 2022

## VIRGIN, WHOLLY MARVELLOUS

There is a charming legend that each apostle contributed an expression of faith to make up the "Apostles' Creed".

Be that as it may, it is significant that as early as Apostolic times people spoke of Mary as a virgin, knowing full well that she was also a mother: the mother of Jesus.

These early Christians used to say that the law of praying was their law of believing (*lex orandi, lex credendi*). Hence it is fascinating to examine what prayers were used from the earliest time. That way we get insight into what the early Christian community believed.

In ancient prayers to Mary, we see many references to "The Virgin Mary" and increasingly in prayers, "Mary Ever Virgin". This way of referring to Mary is a sort of "shorthand" for the faith of the Church, that Mary was a virgin throughout her whole life.

The Church has had a long time to ponder on the mystery of Mary's virginity and Motherhood. In recent years there have been great strides in understanding the role of Mary in the mystery of Redemption and her place in the lives of the faithful. There have been significant advances in appreciating her role as a Virgin and Mother in our modern world which has problems with both virginity and motherhood.

Some theologians have pointed to the mystery of creation as the biblical background to Mary's virginity and motherhood. The idea is that creation itself is at the same time both virginal and maternal. We hear of "the virgin earth" and "Moth Earth". The Judeo-Christian

tradition sees something virginal at the heart of motherhood, both in terms of our universe and in terms of each individual human being. We are all touched by the divine in the spark of life

given in our conception (our moment of being created) and we are all in need of mothering - in some form - throughout our lives.

As we have already seen in these May reflections, often poetry can reveal what is still hidden or obscure. Poets can often overcome mental barriers with a word or phrase which carries us into the mystery.

One of the greatest poets of the early Church, St Ephrem (307-373), had a very strong devotion to Mary as "Virgin and Mother". We still sing one of his hymns to Mary:

Virgin, wholly marvellous who didst bear God's Son for us, worthless is my tongue and weak of thy purity to speak.

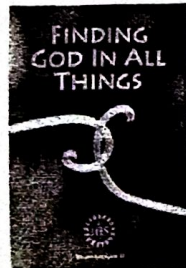
And yet he continues to speak of Mary's gifts:

Purer art thou than are all heavenly hosts angelical who delight with pomp and state on thy beautiful Child to wait. Mary's virginity stands as a vivid statement of the origin of Jesus. Taking his humanity from his mother, his real origin is in the Godhead: Son of God, "begotten not made, one in being with the Father". As a virgin, Mary is total receptivity, ready and willing to co-operate with God's plan. As a mother she gives the Incarnate Word a human face. In this, fulfilling God's plan of salvation, she becomes a spiritual mother to all of humanity.



Beloved Icon of Our Lady of Vladimir, 1131 AD, tempera on wood. Hall Museum Church of St Nicholas, Moscow. Artist unknown.

Is it really possible for an ordinary person like me to find God in all things? Am I really important to God? How can I be sure that God really loves me? How can I become more aware of God's presence in my life? How can I escape from the broken dreams of my past and draw closer to God? Fr Brian Grogan SJ meets these challenges by writing an extraordinary book for ordinary people. In simple, clear language he shows how God is involved in all the details of our lives.



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plus delivery

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